

Lackey Memorial Hospital 2017 CHNA Implementation Strategy

Priorities Identified in the Community Health Needs Assessment

Health Need	Will Hospital Address Need
1. Obesity	Yes
2. Diabetes and Hypertension	Yes
3. Drug Use and Abuse	Yes
4. Teen Pregnancy	Yes
5. Poor Health Education	Yes
6. Poor Chronic Disease Management	Yes
7. Lack of support for some senior citizens	Yes
8. Mental Health needs of children and elderly	Yes

- Priorities 1, 2, and 5: Reduce Obesity through health education directed at cultural change. An effective community-wide focus on healthy Diet and Exercise should reduce Obesity and Diabetes, while improving overall population health. Reducing obesity is also the primary route to address the problems with the prevalence of Type II diabetes.

Through our Chronic Care Management service, patients with chronic conditions such as diabetes, hypertension and obesity are referred for needs assessments. An individualized care plan is implemented and managed with each patient monthly and as needed. Education around these chronic conditions is provided. Regularly scheduled appointments are made for the patient with their provider in an effort to monitor medications, observe physical changes, and ensure routine lab work is obtained. Follow-up is done to ensure that patients attend appointments. A1C levels and blood pressures are tracked monthly through our ACO. Lackey partners with the MSU extension office to provide health education and activity through a 'Walk-A-Weigh' Program.

- Priority 2: Diabetes and Hypertension affect many people in this county. Behavior change programs to address obesity can prevent Type II diabetes and the host of diseases that stem from having diabetes. For people already diagnosed with Diabetes, Hypertension and other related health conditions, effective chronic disease management programs will be developed.

Diabetic education classes are provided monthly by a certified diabetic educator. A Chronic Care Management Program is established through our ACO that assists patients in managing chronic diseases through education, routine visits, and follow-up. Our 340b prescription program assists with the cost of medications to increase the opportunity for compliance with medication regimens.

- Priorities 1,3, and 4: Develop and/or facilitate the development of programs to address youth health issues: Teen Pregnancy, Obesity, and Drug Use

Free annual sports physicals are offered for all local schools. We partner with Morton public school system by being a part of their health fair. Routinely partner with local tobacco cessation program at area health fairs. Educate community regarding importance of routine immunizations and availability within our family of clinics. Sponsor summer reading program through the local library system for area youth. We partner with the local crisis pregnancy center through financial sponsorships and volunteer support.

- Priorities 1-8: Strengthen health education for the community at large. Continue to conduct screenings for Cancer, Heart Disease, Hypertension, and Diabetes, especially in the at risk categories of Low Income and Minority.

Lackey Memorial Hospital provides multiple community health fairs to provide much needed health screenings and education to residents. Health fair partnerships have been established with local industry and associations including: Raytheon, Tyson, MDOT, Scott County Baptist Association, and Oakdale Apartment Complex. In addition, an annual health fair has been established specifically for the local Hispanic population with translators on site.

- Priority 7 and 8: Explore opportunities for partnering with other agencies to support services for the elderly, including case management and transportation services.

Lackey Memorial Hospital partners with other agencies through effective discharge planning to ensure patients receive the services and equipment needed upon returning to the community such as establishing home health care, securing equipment, setting up transportation, seeking LTC placement, applying for local community resources, etc. Clinics routinely refer to local home health agencies, hospice agencies, physical therapy services, and equipment supply companies to establish a continuum of care. Contracts with hospice companies for in-patient respite and GIP services are secured, as needed.

- Priority 8: Mental Health Issues:

Lackey Memorial Hospital addresses the needs of elderly mental health patients through our inpatient and outpatient Geri-psych programs. Depression screenings are performed in all of our clinics and in the hospital. We refer to other mental health facilities in the area, as needed. We are currently working on a strategy regarding the addition of a mental health nurse practitioner in a clinic based setting for all ages.